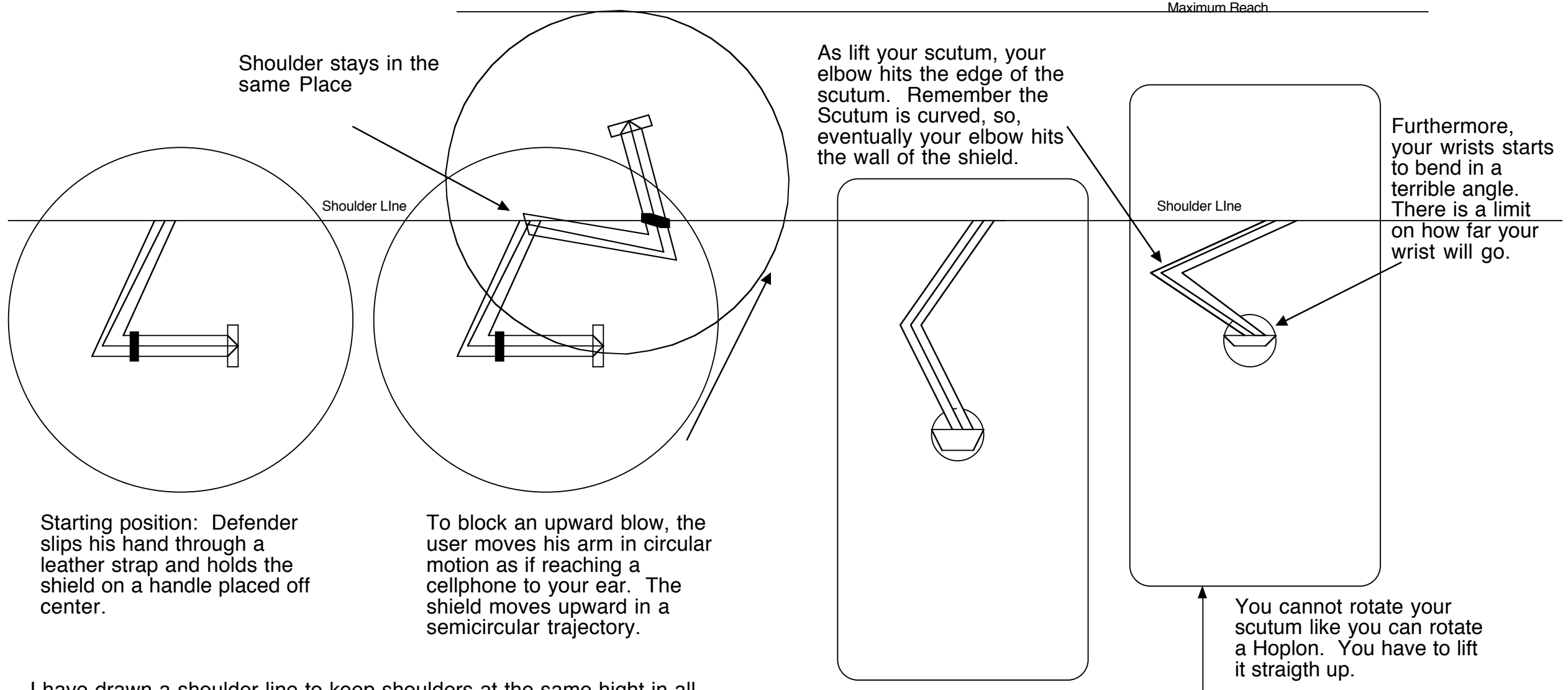


Blocking a blow to the head with a circular shield and a Scutum.



Starting position: Defender slips his hand through a leather strap and holds the shield on a handle placed off center.

To block an upward blow, the user moves his arm in circular motion as if reaching a cellphone to your ear. The shield moves upward in a semicircular trajectory.

I have drawn a shoulder line to keep shoulders at the same height in all four representations. Notice how the user of a hoplon can make a better/higher upward block than the user of a scutum. It is not a matter of strength or physical fitness. It is a matter of ergonomics: the way you move your body and bend your joints.

The scutum was not a good tool to make an upward block. It was a lot easier (and faster) to duck behind the shield instead of trying to lift the shield.